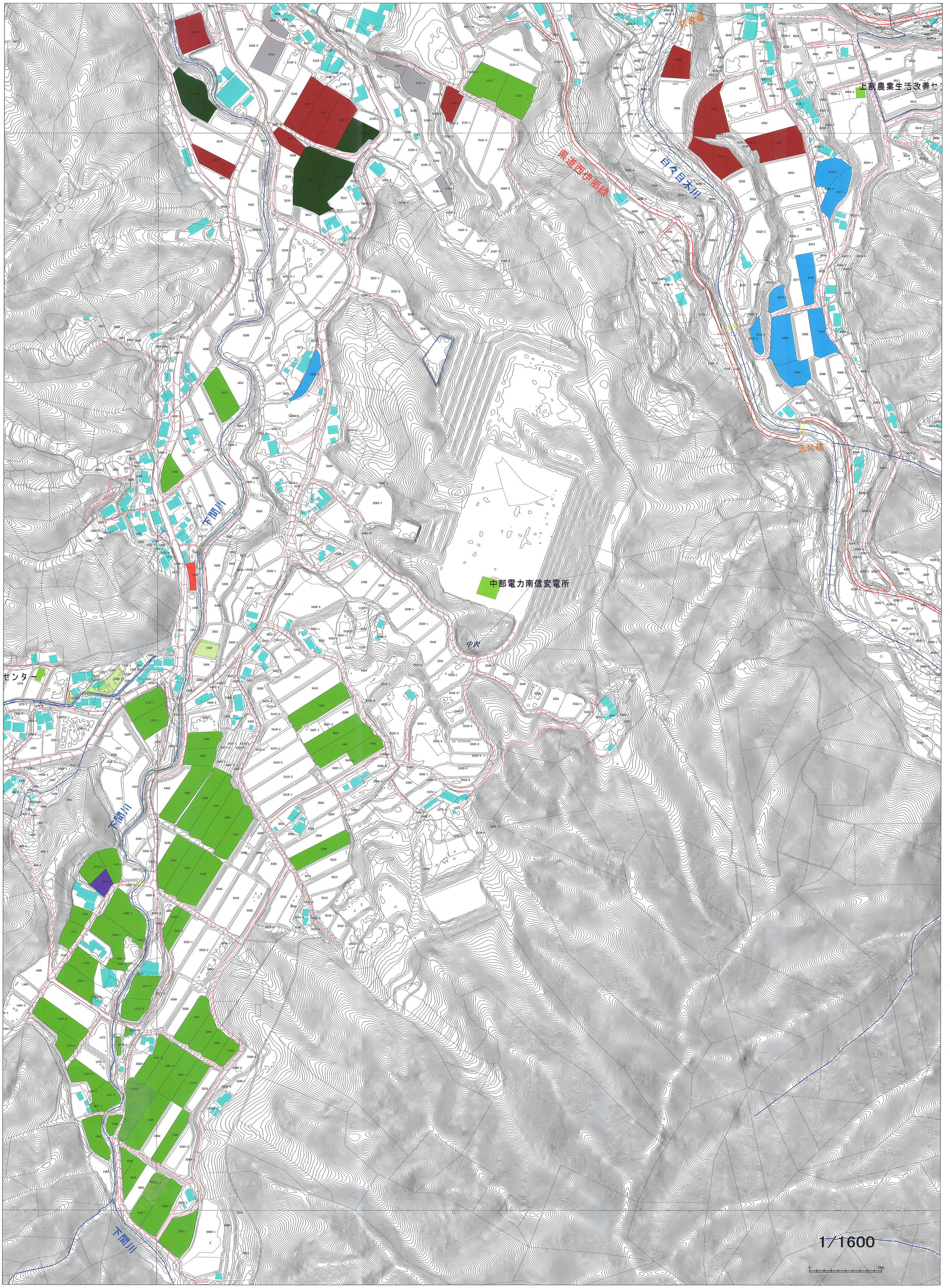地域計画　中沢　中割②